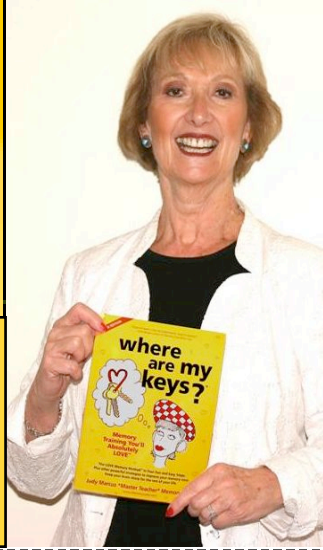




**Programs
by**

Judy Marcus Memory Lady



Judy Marcus, Memory Lady
Speaker, motivator, author of
WHERE ARE MY KEYS?®
**Memory Training You'll
Absolutely LOVE**
inspires and teaches people of
all ages how to remember in a
way they never forget!



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Judy Marcus, Memory Lady, makes remembering unforgettable!

Say good-bye to being a "scatterbrain" and say hello to a great memory! You'll laugh as you learn brain-friendly lifestyle strategies to clear away the cobwebs, increase your mental energy, and remember everything you choose to remember, instantly, upon demand! (like names, phone numbers, and even where you left your cellphone...) Author of **WHERE ARE MY KEYS?®**, and creator of the **LOVE Memory Method®**, Judy's powerful lessons are easy to learn, fun to do, habit forming, and best of all - they work!

WHERE ARE MY KEYS?® Program Outline:

This fun and fast-paced interactive workshop offers a fun and easy-to-use memory system, along with powerful strategies to keep your mind sharp and growing for the rest of your life. Each segment will include small group, large group and individual exercises.

Basic Signature Program:

- **The LOVE Memory Method®**, a four-step action plan to capture, record and recall anything and everything you choose to remember - instantly - upon demand.
- LOVE to remember names, faces, movies, books, where you parked your car, and anything else you choose to remember.

Brain-Friendly Lifestyle Menu Options:

- Organize your mental and physical environment.
- Prevent over-multi-tasking paralysis.
- Free up your time and mental energy.
- Brain-smart Diet Do's and Don'ts.
- Energize with Exercise.
- Relax, De-Stress, Revitalize .
- Unglue the words stuck on the tip-of-your-tongue
- Create Attention Alarm Clocks
- Focus drills and mental cob-web cleaners

Plus: Take-home tools and a roadmap to remember whatever you choose to remember - upon demand.